



KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL REPORT
2022-23

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ANNUAL REPORT 2022-23

- International Yoga Day was celebrated on 21st June 2022 in association with NSS and Red Ribbon Club. The programme was inaugurated by Principal Prof. M Abdul Azeez. Mr. Mujeeb TP (Yoga Trainer) handled the training session.



Prof. M. Abdul Azeez
Prof. M. ABDUL AZEEZ
PRINCIPAL
FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR P.O. - 676 503

- College Football Team Selection Camp was held on 04th October 2022 at College Ground.



- Kottakkal Farook Arts and Science College participated in Calicut University B-Zone Football Championship held at Ambedkar College, Wandoor from 26th October 2022 to 11th November 2022 and qualified for 4th Round.



Abdul Azeez
Prof. M. ABDUL AZEEZ
PRINCIPAL
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- College Badminton Team Selection Camp was conducted at Avenue Square Indoor Court, Kottakkal on 10th October 2022.
- College Badminton Team participated Calicut university B-Zone Shuttle Badminton Championship at Government College, Malappuram from 29th October 2022 to 01st November 2022.

Team Members:

- | | |
|-----------------------|---|
| 1. Sagar | (2 nd Year B.Com Finance) |
| 2. Mohammed Shareef T | (3 rd Year B.Com CA) |
| 3. Nasim MC | (1 st Year BA Political Science) |
| 4. Akbar Shahan. MC | (1 st Year BBA) |



Azeez
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 MALAPPURAM (P.O) - 676 503

- College Cricket Team Selection Camp was held at College Ground on 12th November 2022.



- Our college team proudly entered in third round in Calicut University B-Zone Cricket Championship hosted by EKC Arts and Science College, Manjeri on 27th November 2022 onwards.



- Department of Physical Education organized “Kick & Win” in association with Mathrubhumi News Daily and Aster MIMS Kottakkal on behalf of FIFA World Cup 2022 on 07th December 2022.




Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR P.O. - 676 583



Azeez
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PARAPPUR P.O. - 676 503

- Our college Athletic team participated in Calicut University Inter Zone Athletics Meet held at University Stadium on 14th and 15th December 2022.

Team Members:

1. Mohammed Shefin K (III Year B.Com Finance)
2. Mohammed Jazeel M (III Year BA Economics)
3. Mohamed Shahid T (III Year B.Com CA)

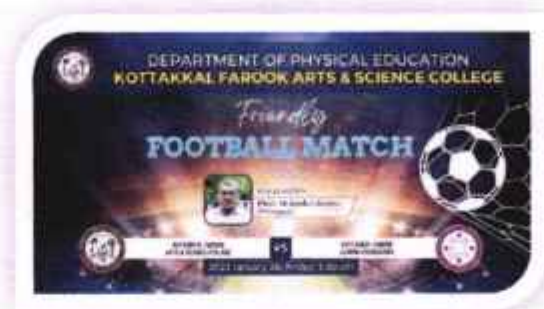


- Ashique Roshan (1st Year B.Com Finance) and Muhammed Sahood KK (1st Year BA Economics) participated in Calicut University Inter Collegiate Karate Championship held at MES Kalladi College, Mannarkkad on 04th January 2023.




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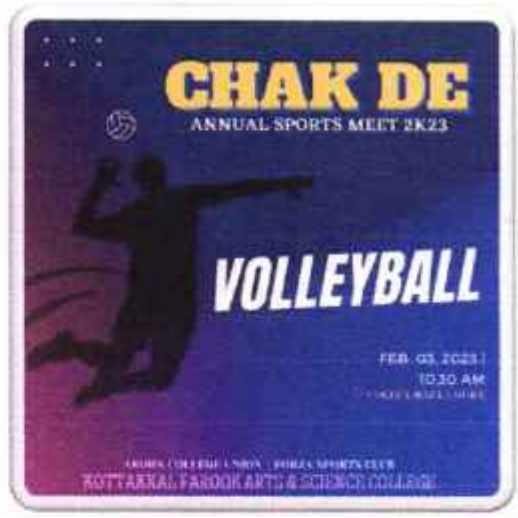
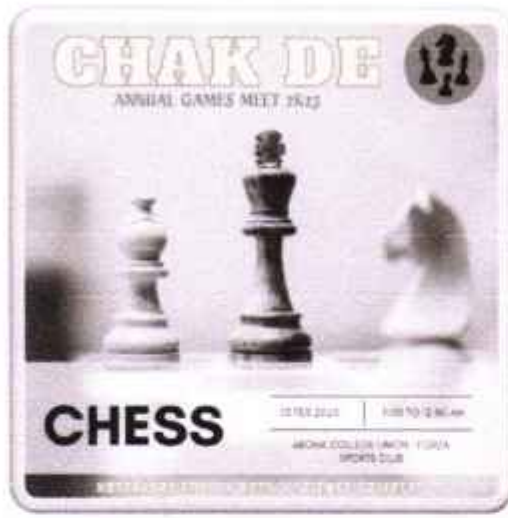
- Department of Physical Education organized a friendly football match between College Team and Alumni Association Team on 20th January 2023 at College Ground.



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Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
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- Department of Physical Education and College Union conducted Games events on behalf of “Chak De” Annual Sports Meet from 1st week of February 2023.



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Prof. M. ABDUL AZEEZ
PRINCIPAL
 KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
 PARAPPUR, PIN: 670 363



- On 28th February 2023 Annual Athletic Meet was inaugurated by Nasrudheen Cheriya, Former Kerala Santhosh Trophy Player. Prof M Abdul Azeez (Principal), Mohammed Labeeb (Vice Principal), Samsheer Kunnath (HOD, Department of Physical Education), College Staff, Union Members and students actively participated. Athletic meet started with a beautiful march past and which came to an end with 4X100 Mtr. Relay. Then our Staff distributed the prizes on closing ceremony.

LIST OF EVENTS

MEN CATEGORY

5000 Mts
 100 Mts
 Shot-put
 Javelin Throw
 Long Jump
 1500 Mts
 Discus Throw
 800 Mts
 200 Mts

WOMEN CATEGORY

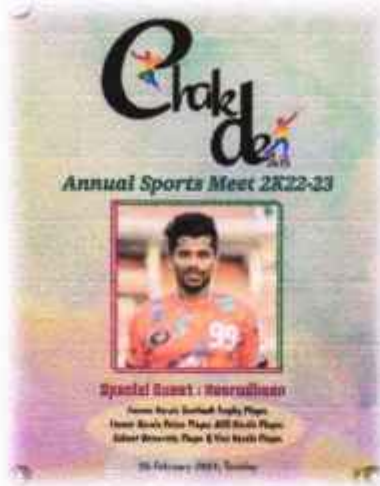
100 Mts.
 Shot-put
 Javelin Throw
 Long Jump
 Discus Throw
 800 Mts
 200 Mts
 400 Mts
 4 x 100 Mts. Relay



M. Abdul Azeez
 Prof. M. ABDUL AZEEZ
 PRINCIPAL
 FAROOK ARTS & SCIENCE COLLEGE
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400 Mts

4 x 100 Mts



M. Azeez

Prof. M. ABDUL AZEEZ
PRINCIPAL

KOTTAYAM JAYAKRISHNAN ARTS & SCIENCE COLLEGE
Parappur P.O. Phn: 676 503



- T.J Sidharth (4th Semester BA Economics) competed in three categories in Intercollegiate Roller Sports held at Sahrdaya College, Kodakara, Thrissur District on 28-01-2023. He won three gold medals with first prize.

Categories:

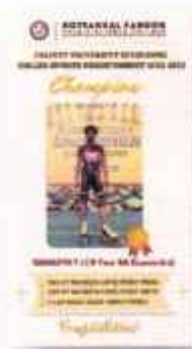
300 M Race Inline

500 M Race Inline

1 Lap Road Race



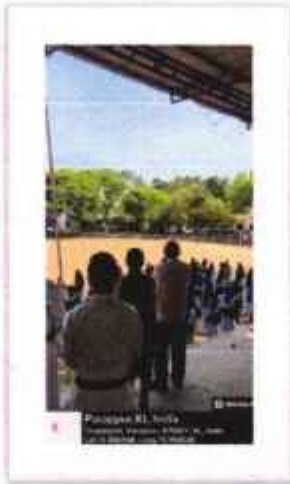
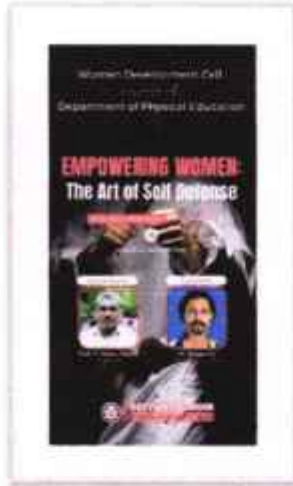

Prof. M. ABDUL AZEEZ
PRINCIPAL
K.K.KAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPURIP.O. - 675 503



- Department of Physical Education and Women Development Cell jointly organized “Empowering Women: The Art of Self Defense” on 22nd March 2023 at College Ground. Prof. M Abdul Azeez inaugurated the programme.




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Samsheer K

Department of Physical Education



M. ABDUL AZEEZ
PRINCIPAL
DITAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR.P.O - 676 503