



KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE
INTERNAL QUALITY ASSURANCE CELL

LIFE SKILLS
2021-22

From,

The Programme Co-Ordinator
Department of Physical Education
Kottakkal Farook Arts and Science College

To,

The Principal
Kottakkal Farook Arts and Science College

Sir,

Subject: To conduct International Yoga Day celebration

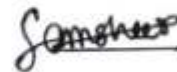
The Department of Physical Education and the Internal Quality Assurance Cell (IQAC) at Kottakkal Farook Arts and Science College are planning to organize World Yoga Day celebration on June 21, 2021 at 10 AM through online platform (Google meet). In this regards I request you to grant permission for them to conduct the same.

Thanking you

Yours Sincerely

Samsheer K

Assistant Professor in Physical Education



Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503

KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE

7th INTERNATIONAL YOGA DAY, 21 JUNE 2021

REPORT

5th International Yoga Day Observance at Kottakkal Farook Arts and Science College began with a session in Google Meet on 21st June 2021. Considering the COVID-19 Pandemic situation across the country, this event was conducted on online mode. Initially Principal Prof. M. Abdul Azeez delivered inaugural speech and welcomed all the participants and explained the importance of Yoga for healthy life. Mr. Samsheer, Assistant Professor in Physical Education clarified the objectives of the program and celebration of International Yoga Day.

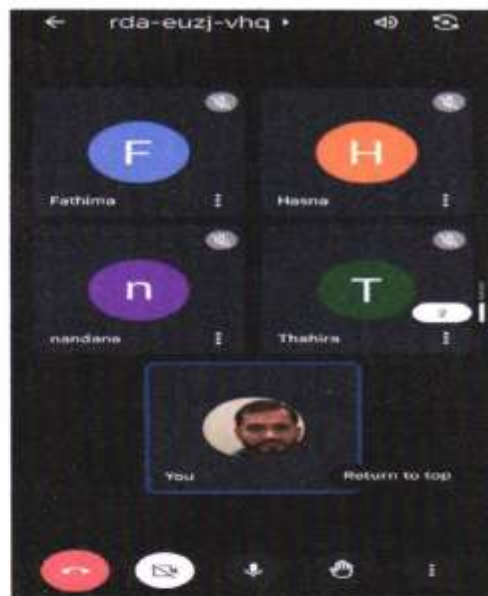
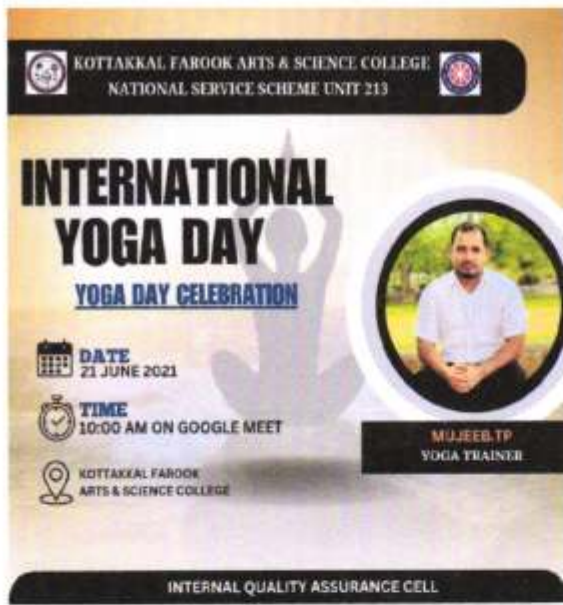
Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. It helps the students understand how to maintain harmony between body and mind. Two lectures organized to explain the importance of Yoga.

Yoga trainer and instructor Mr. Mujeeb TP welcomed and introduced to the audience. The program kicked off with warm up exercises, during which all members actively participated through online. He guided through various sitting and standing asanas, with simultaneous explanations of their significance. He emphasized the importance of incorporating yoga into daily life and maintaining harmony between the body and mind. The session lasted for over an hour, witnessing active participation and engagement from all attendees. The yoga instructor provided detailed explanations of each pose and offered guidance on precautions to taken. Undoubtedly, it proved to be a successful event.

The function ended with a vote of thanks by Mr. Suhail KP, NSS program officer.



M. Abdul Azeez
Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR (P.O.) - 676 503



Session organized through Google Meet on 5th International Yoga Day Observance, Kottakkal Farook Arts and Science College on 21st June 2021



[Handwritten Signature]
M. ABDUL AZEEZ
 PRINCIPAL
 KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
 PARAPPUR(P.O) - 676 503

PARTICIPANTS LIST

1. MOHAMMED SHEREEF.T *M. Shereef*
 2. ANAGHA. V P *Anagha*
 3. FATHIMA RIFA *Rifa*
 4. MOHAMMED FARIS. P. M *Faris (M)*
 5. MUHAMED SHAHID *shahid*
 6. ADHITHYA.K.K *Adhithya*
 7. ABHIJITH.C P *Abhijith*
 8. BASILA BEEGAM *Basila Beegam*
 9. HADI MUHAMMED.P.K *Hadi*
 10. MOHAMED NISHIN *Nishin*
 11. MOHAMMED SAHIL. K *Sahil*
 12. MOHEMMED SHABIR *shabir*
 13. GIRI PRASAD.E *Prasad*
 14. AFLAH.K *Aflah*
 15. FATHIMA SHAMRIN.PK *Shamrin*
 16. MOHAMED SHIBIN *shibin*
 17. MOHAMMED JAZEEL.M *Jazeel*
 18. SAFA FARVEEN. KK *Safa*
 19. SHIFANA THASNI.V *Shifana thasni*
 20. HIMA.U.P *Hima U.P*
 21. ANAN.K *Anan*
 22. NANDANA R *Nandana*
 23. NAJIYA MUFLIHA.KV *Najiya*
 24. RENU JINSHA P. *Renu*
 25. ARYA V P *Arya v p*
 26. KHADEEJA THAMANNA.T *Khadeeja*
 27. MUHAMMED KM *Muhammed*
 28. SANOONA SERY.P *Sanoona*
 29. MOHAMMED HANEEN PP *Haneen*
 30. SUHANA YASMIN *Suhana*
 31. DEVAPRIYA. N *Devapriya*
 32. FATHIMA RIMEESHA P *Rimeesha*
 33. KHAMARIYA SANA. K *Khamariya*
 34. AKSHAYA. A.P *Akshaya*
 35. MOHAMMED SAFWAN.K *Safwan*
 36. RASHIDA.K.P *Rashida*
 37. SHADIL. A *shadil*
 38. SHANA THESNEEM *Thesneem*
 39. JYOTHSNA.E *Jyothsna*
 40. AKSHAY .N *Akshay*
 41. MUHSINA M *Muhsina*
 42. RANIYA SHERIN *Raniya*
- POTTANIKKAL
43. SAHDIYA *Sahdiya*
 44. SHAMILA C *Shamila*
 45. ADILA SAHANA.E *Adila*
 46. AFRAH. K.M *Afrah*
 47. MOHAMED MURSHID VP *Murshid*
 48. SANJAY KUMAR S *Sanjay*
 49. RESHMI PP *Reshmi*
 50. SAFEELA BANU KP *Safeela*



Prof. M. Abdul Azeez
Prof. M. ABDUL AZEEZ
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PARAPPUR(P.O) - 676 503

Webinar Report on 'Menstrual Hygiene and PCOD'

Event Date: 12th June 2021

Time: 11:00 AM

Venue: Kottakkal Farook Arts and Science College (Online Platform)

Chief Guests:

Dr. Amal Rose KR

1. Assistant Professor, Ayurveda College, Ollur, Thrissur District
2. **Dr. Prasanna V N**

1. Head of Department, Ayurveda College, Ollur

Introduction:

The webinar on 'Menstrual Hygiene and PCOD' was organized by Kottakkal Farook Arts and Science College to raise awareness and educate participants about the importance of menstrual hygiene and managing Polycystic Ovarian Disease (PCOD). The session featured two distinguished speakers from Ayurveda College, Ollur - Dr. Amal Rose KR and Dr. Prasanna V N.

Overview of the Event:

The event commenced with a brief introduction by the moderator, who welcomed the chief guests and the attendees. The significance of the topic was highlighted, noting the impact of menstrual hygiene and PCOD on women's health and well-being.

Keynote Sessions:

Dr. Amal Rose KR: Dr. Amal Rose KR began her session by discussing the basics of menstrual hygiene. She emphasized the importance of maintaining proper hygiene practices during menstruation to prevent infections and other health issues. Key points from her presentation included:

- **Understanding Menstrual Hygiene:** Detailed explanation of proper hygiene practices, including the use of sanitary products, regular changing of sanitary pads, and proper disposal methods.



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- **Common Myths and Misconceptions:** Addressing common myths related to menstruation and providing scientific explanations to debunk these misconceptions.
- **Health Implications:** Discussing the potential health risks associated with poor menstrual hygiene, such as infections and reproductive tract diseases.

Dr. Prasanna V N: Dr. Prasanna V N focused on Polycystic Ovarian Disease (PCOD), providing an in-depth understanding of the condition, its symptoms, and management. Key points from his presentation included:

- **Introduction to PCOD:** Explaining what PCOD is, its symptoms, and how it affects women's health.
- **Ayurvedic Perspective:** Discussing the Ayurvedic approach to managing PCOD, including dietary recommendations, lifestyle changes, and herbal treatments.
- **Case Studies:** Sharing real-life case studies to illustrate the effectiveness of Ayurvedic treatments in managing PCOD symptoms.
- **Q&A Session:** Addressing questions from participants regarding PCOD management, including specific lifestyle and dietary changes that can help alleviate symptoms.

Interactive Session:

The webinar included an interactive Q&A session where participants had the opportunity to ask questions directly to the speakers. This session was highly engaging, with attendees seeking advice on personal health issues related to menstrual hygiene and PCOD. Both Dr. Amal Rose KR and Dr. Prasanna V N provided insightful answers and practical advice.

Conclusion:

The webinar concluded with a vote of thanks to the chief guests for their informative and enlightening presentations. The participants expressed their appreciation for the valuable knowledge shared during the session.

Summary:

The 'Menstrual Hygiene and PCOD' webinar successfully highlighted the importance of proper menstrual hygiene practices and provided a comprehensive understanding of PCOD management from an Ayurvedic perspective. The expertise of Dr. Amal Rose KR and Dr. Prasanna V N greatly



M. Abdul Azeez
Prof. M. ABDUL AZEEZ
PRINCIPAL
TANKAL FARDOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503

contributed to the success of the event, leaving a lasting impact on the participants.

This report encapsulates the key highlights and outcomes of the webinar, ensuring that the knowledge shared reaches a broader audience and continues to promote awareness on menstrual hygiene and PCOD.



Kottakkal Farook Arts & Science College

Webinar

Menstrual Hygiene and PCOD

Resource Person:

Dr. Amal Rose KR

and

Dr. Prasanna V N

Ayurveda College, Ollur

Date :-12th June 2021

Time :- 11.00am

Meeting Link :- <https://meet.google.com/dgw-rpzg-dqe>




Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503

Webinar Report on 'Integrating Ayurvedic Principles into Personal Health'

Event Date: 8th January 2021

Time: 11:00 AM

Venue: Kottakkal Farook Arts and Science College (Online Platform)

Chief Guest:

- **Dr. Aparna S Unni**
 - BAMS, MD, Punarnava Ayurveda Hospital, Coimbatore

Introduction:

Kottakkal Farook Arts and Science College organized a webinar titled 'Integrating Ayurvedic Principles into Personal Health' to educate participants on the benefits and practices of Ayurveda for enhancing personal health and well-being. The session was conducted by Dr. Aparna S Unni, an esteemed Ayurveda practitioner from Punarnava Ayurveda Hospital, Coimbatore.

Overview of the Event:

The event started with a welcome address from the moderator, who introduced the chief guest, Dr. Aparna S Unni. The moderator emphasized the relevance of Ayurvedic practices in today's fast-paced world and the importance of integrating these ancient principles into modern lifestyles.

Keynote Session:

Dr. Aparna S Unni: Dr. Aparna S Unni delivered an insightful presentation that covered various aspects of Ayurveda and its integration into daily life. Key points from her presentation included:

I. Introduction to Ayurveda:

- **Fundamentals of Ayurveda:** Explanation of the basic principles of Ayurveda, including the concepts of Doshas (Vata, Pitta, Kapha) and their influence on health and personality.
- **Holistic Approach:** Emphasis on Ayurveda's holistic approach to health, which includes physical, mental, and spiritual well-being.



Prof. M. Abdul Azeez
Prof. M. ABDUL AZEEZ
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2. Ayurvedic Lifestyle Practices:

- **Dinacharya (Daily Routine):** Importance of establishing a daily routine that aligns with natural rhythms, including practices like early rising, regular meals, and sufficient rest.
- **Ritucharya (Seasonal Regimen):** Adaptation of lifestyle and dietary practices according to seasonal changes to maintain balance and prevent illness.

3. Diet and Nutrition:

- **Ayurvedic Diet Principles:** Guidelines on choosing foods that balance individual Doshas, emphasizing fresh, seasonal, and locally sourced foods.
- **Digestive Health:** Tips for maintaining digestive health through mindful eating, proper food combinations, and the use of digestive spices and herbs.

4. Ayurvedic Remedies and Practices:

- **Herbal Remedies:** Overview of common Ayurvedic herbs and their health benefits, including how to incorporate them into daily life.
- **Detoxification:** Explanation of Ayurvedic detoxification practices like Panchakarma and simple home detox methods.
- **Yoga and Meditation:** Role of Yoga and meditation in maintaining physical and mental balance, with practical tips for incorporating these practices into daily routines.

5. Case Studies and Success Stories:

- **Real-Life Examples:** Sharing of case studies and success stories where Ayurvedic principles significantly improved health outcomes for individuals.

Interactive Session:

The webinar included an interactive Q&A session, allowing participants to ask Dr. Aparna S Unni questions about Ayurveda and its application in personal health. Dr. Aparna provided detailed answers, offering personalized advice and practical tips for integrating Ayurvedic practices into daily life.




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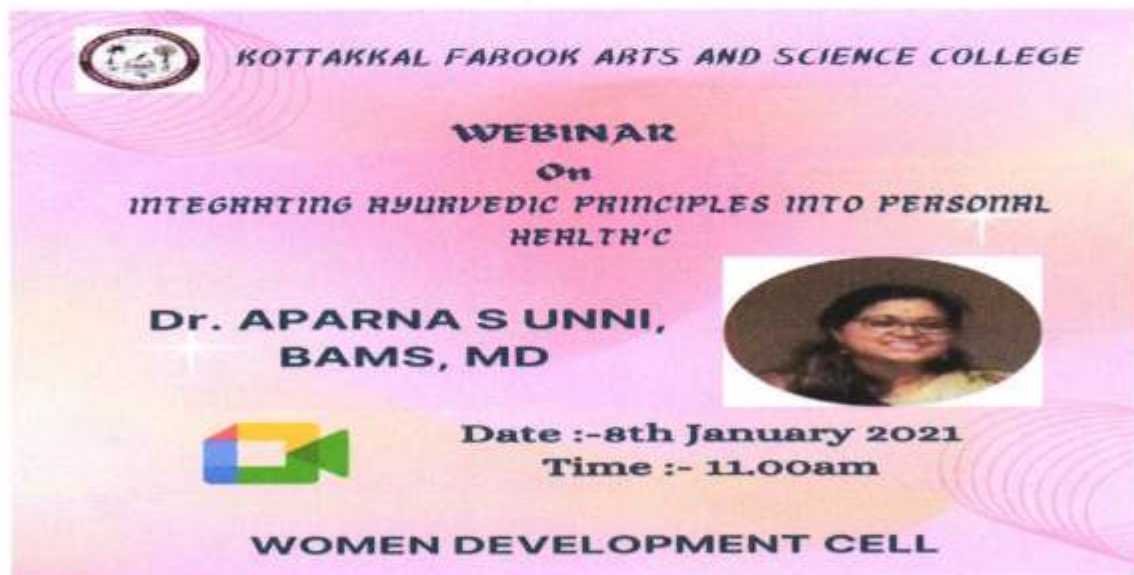
Conclusion:


The event concluded with a vote of thanks to Dr. Aparna S Unni for her enlightening presentation and to the participants for their active involvement. The moderator reiterated the importance of Ayurveda in promoting a balanced and healthy lifestyle.

Summary:

The 'Integrating Ayurvedic Principles into Personal Health' webinar successfully introduced participants to the foundational concepts of Ayurveda and provided practical advice on incorporating these principles into daily life. Dr. Aparna S Unni's expertise and engaging presentation were highly valued, making the session informative and inspiring for all attendees.


This report encapsulates the key highlights and outcomes of the webinar, ensuring that the knowledge shared continues to promote the integration of Ayurvedic principles into personal health and well-being.



 **KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE**


WEBINAR
On
INTEGRATING AYURVEDIC PRINCIPLES INTO PERSONAL HEALTH

**Dr. APARNA S UNNI,
BAMS, MD**



 **Date :-8th January 2021**
Time :- 11.00am

WOMEN DEVELOPMENT CELL



Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503

Mujeeb T P
Convenor, Entrepreneurship Development Club
Kottakkal Farook Arts and Science College

24- January -2022

The Principal
Kottakkal Farook Arts and Science College

Respected sir,

Subject: Request for Approval to Organize the Program "Reel to Real – How to Become an Entrepreneur"

I am writing to seek your approval for organizing a special program titled "Reel to Real – How to Become an Entrepreneur" under the aegis of the Entrepreneurship Development Club. The event is scheduled to take place on January 31, 2022.

The program aims to inspire and equip students with entrepreneurial skills and mindsets, bridging the gap between theoretical concepts and real-world application. We have invited an esteemed guest speaker, Mr. Idrees Muhammed, who is a renowned motivational speaker, the Director of Westberg Group of Companies, and the Managing Director of Aurrera Careers. His extensive experience in the corporate world and as an entrepreneur will provide our students with valuable insights into the entrepreneurial journey. We believe this program will be highly beneficial for students who are interested in entrepreneurship and business development.

We kindly request your approval to proceed with the necessary arrangements for this event. We would also appreciate any guidance or suggestions you may have to ensure the program's success.

Thank you for considering our request. We are looking forward to your positive response and support.

Yours sincerely,

Mujeeb T P
Convenor
Entrepreneurship Development Club


24/1/22




M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPURIP.O. - 676 503

REEL TO REAL

HOW TO BECOME AN
ENTREPRENEUR?



IDREES MUHAMMED

Motivational speaker

Director: Westberg group of companies

Managing Director: Aurrera Careers

Seminar Hall @ 2pm, Monday

ENTREPRENEURSHIP DEVELOPMENT CLUB

Kottakkal farook arts & science college




Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503

REPORT

REEL TO REAL: HOW TO BECOME AN ENTREPRENEUR

The Entrepreneurship Development Club at Kottakkal Farook Arts and Science College organized an insightful event titled "Reel to Real: How to Become an Entrepreneur" on January 31, 2022, in the Seminar Hall. The event aimed to inspire and guide students on the path to entrepreneurship.

The esteemed chief guest, Idrees Muhammed, a renowned motivational speaker and the Managing Director of Aurrera Careers, graced the occasion with his presence. His inspiring words motivated the attendees to pursue their entrepreneurial dreams with passion and determination.

The inauguration ceremony was conducted by Prof. Abdul Azeez, the Principal of the college. His presence added a sense of importance and credibility to the event.

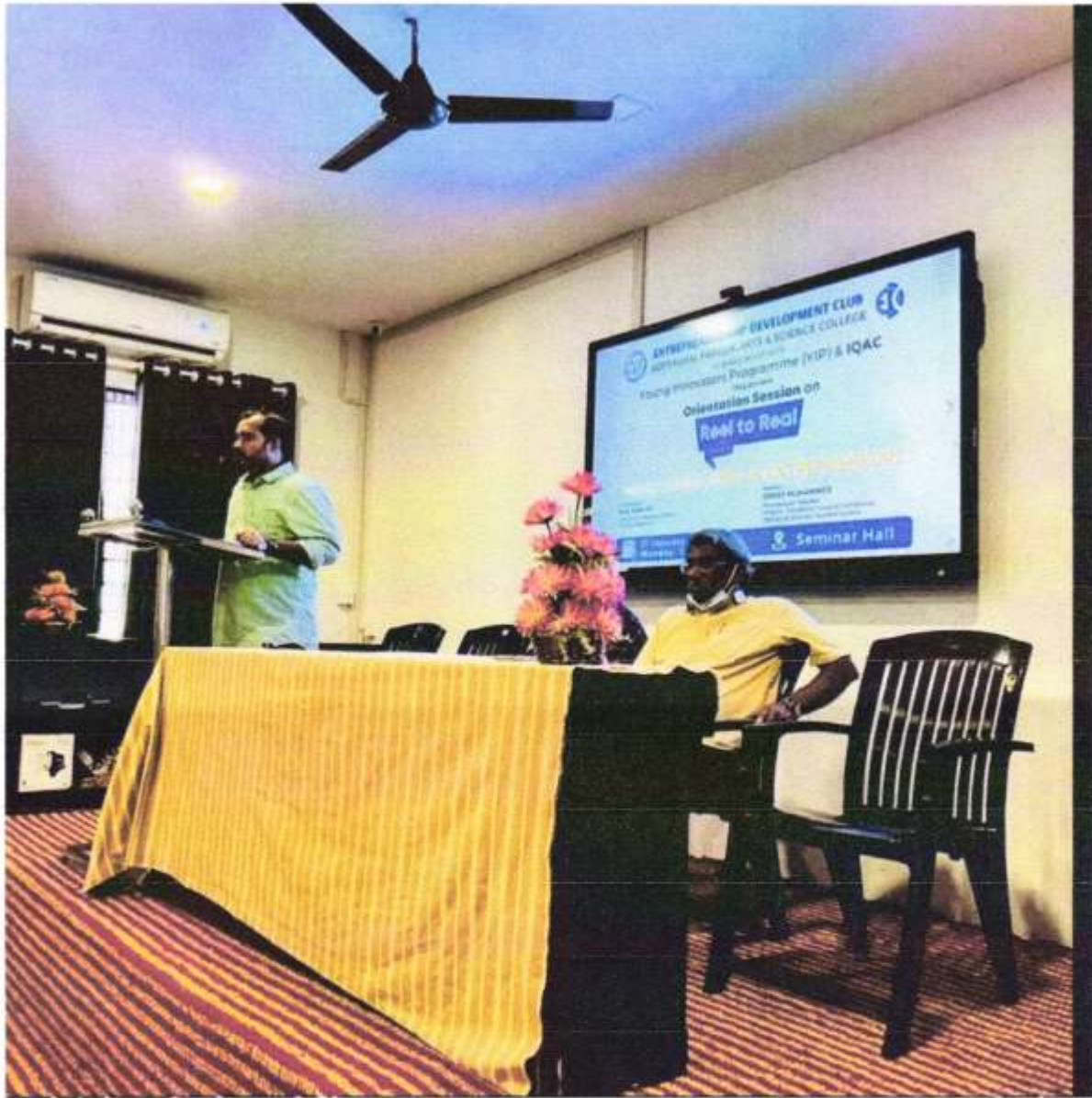
The Presidential Address was delivered by Mujeeb T P, the coordinator of the Entrepreneurship Development Club. His speech highlighted the significance of entrepreneurship in today's world and encouraged students to take initiatives in this field.

The event witnessed active participation from students and faculty members alike. It provided a platform for aspiring entrepreneurs to interact, learn, and exchange ideas.

Overall, the programme was a resounding success, leaving a lasting impact on all attendees. It served as a catalyst for nurturing the entrepreneurial spirit among the students of Kottakkal Farook Arts and Science College.



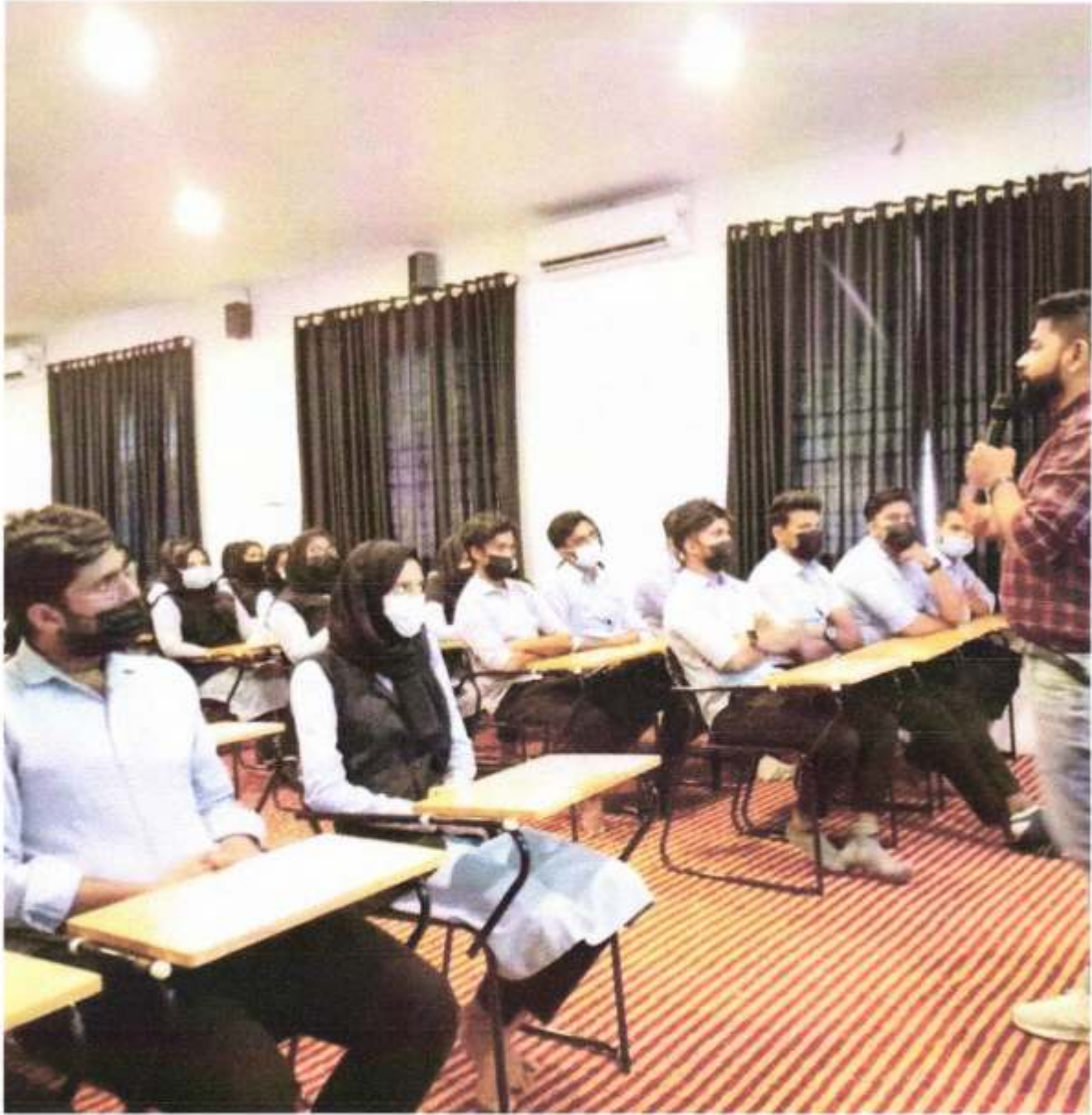

Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPURIP.OI - 676 503



Mujeeb T P, Coordinator, delivering presidential address



Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPURIP.O) - 676 503



Mr Idrees Muhammed inspiring the students through his presentation




Prof. M. ABOUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPURIP.OJ - 676 503

Real to Real
How to become an
Entrepreneur
(48)

30/01/2022

7 days
Muhammed

**KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE
ENTREPRENEURSHIP DEVELOPMENT CLUB
PROGRAMME PARTICIPANT LIST
2021-2022**

SL No.	NAME	CLASS	SIGNATURE
1.	ASNA SHARY	BBA	<i>Asna</i>
2.	HARSHA K	BSc Mathematics	<i>Harsha</i>
3.	SHYMA MAJEED	BBA	<i>Shyma</i>
4.	FATHIMA ANSHA	BCom Finance	<i>Fathima</i>
5.	LAZIMA JABIN	BBA	<i>Lazima</i>
6.	SANIBA K V	BCom Finance	<i>Saniba</i>
7.	NASEEBA P	BA Politics	<i>Naseeba</i>
8.	RUSNA P	Finance (BCom)	<i>Rusna</i>
9.	SAFREENA SHIRIN K	"	<i>Safreena</i>
10.	IRFANA E	BBA	<i>Irfana</i>
11.	KHALLEL RAHMAN	BCom CA	<i>Khaleel</i>
12.	NIHALA AFRIN T	BBA	<i>Nihala</i>
13.	SIFANATH	BBA	<i>Sifanath</i>
14.	SHAHANA SHERIN	BBA	<i>Shahana</i>
15.	SHAMNA C	BBA	<i>Shamna</i>
16.	MOHAMED JASIR K	BCom Finance	<i>Jasir</i>
17.	NASIYA FAIROOZA	BCom CA	<i>Nasiya</i>
18.	MOHAMMED RAYEES K	BCom Finance	<i>Rayees</i>
19.	SHAMEEM MADUVIL	BCom CA	<i>Shameem</i>
20.	FATHIMA SANA	BCom Finance	<i>Fathima</i>
21.	FATHIMA LIYA TT	BCom CA	<i>Fathima</i>
22.	MOHAMED FARIS PM	"	<i>Faris</i>
23.	FATHIMA HIBA MK	BCom CA	<i>Fathima</i>
24.	NAJVA KK	BCom CA	<i>Najva</i>
25.	RUMAISA K	"	<i>Rumaissa</i>
26.	HENNA RUSLA	BCom CA	<i>Henna</i>



Prof. M. ABDUL AZEEZ
PRINCIPAL
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27.	SHADIL A	BBA	Shadil
28.	FATHIMA SEHLA A V	Bcom CA	Sms
29.	MUHAMMED AL AMEEN AP	Bcom Finance	Ameeen
30.	NAJIYA	BBA	Najiya
31.	FARHANA	BBA	Farhan
32.	NASEEHA	"	Naseeha
33.	NIDHA	"	Nidha
34.	RINU HARSHA	"	Rinu Harsha
35.	RISHAD	BBA	Rishad
36.	SHAHNA SHERIN M	BBA	Shahna
37.	SHANA THASNEEM	BBA	Shana
38.	AYISHA SHIMNI	"	Ayisha Shimni
39.	FIDA	BBA	Fida
40.	ADWAIDH	BBA	Adwaidh
41.	ARJUN	"	Arjun
42.	THASREENA	"	Thasreena
43.	SAFWAN	"	Safwan
44.	RASHIDA KP	BBA	Rashida
45.	THOMAS ROSHAN	BBA	Thomas Roshan
46.	EFA	B Com Finance	Efa
47.	NISHANA	Bcom Finance	Nishana
48.	MOHAMMED NIHAL	B Com Finance	Nihal

CO-ORDINATOR



Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O.) - 676 503

Mujeeb T P
Assistant Professor
Convenor, Entrepreneurship Development Club
Kottakkal Farook Arts and Science College

20-02-2022

The Principal
Kottakkal Farook Arts and Science College

Subject: Request for Approval to Conduct Alucinante: A Craft Day Program

Respected Sir,

I am writing on behalf of the Entrepreneurship Development Club to seek your approval to organize a Craft Day program titled "Alucinante" on 28 February 2022, Monday.

The event aims to encourage students to showcase their creativity through craft-making activities, while also promoting entrepreneurial thinking. Students will have the opportunity to present and sell their handmade crafts to their peers and teachers.

We will ensure that the event is well-organized, adhering to all college guidelines and maintaining a safe environment for everyone.

We kindly request your approval to proceed with the event and its preparations. We believe this program will greatly benefit our students and enhance their creative and entrepreneurial skills.

Thank you for considering our request.

Yours sincerely,


Mujeeb T P
Convenor
Entrepreneurship Development Club



Mujeeb T P
20/2/22



Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR P.O. - 676 503

 kottakkalfarookcollegeofficial

ED CLUB & KFASC AMITIES
PRESENTS

ALUCINANTE



KOTTAKKAL FAROOK
ARTS & SCIENCE COLLEGE
KOTTAKKAL, PARAPPUR P.O., MALAPPUZHAM DISTRICT, KERALA, INDIA

CRAFT DAY
28th FEB 2022
MONDAY



Handwritten signature
Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE,
PARAPPUR(P.O.) - 676 503

ALUCINANTE

Is a craft day programme conducted by Entrepreneurship Development Club in 2022 February 28.

Craft Day at Kottakkal Farook Arts & Science College

Date: February 28, 2022

Organizers: ED Club & KFASC Amities

Event Name: Alucinante

Alucinante, a Craft Day event organized by the ED Club & KFASC Amities, took place on February 28, 2022, at Kottakkal Farook Arts & Science College. The event aimed to promote creativity and craftsmanship among students while celebrating the rich heritage of traditional arts and crafts.


Highlights:

1. Craft Workshops: The event featured a series of hands-on craft workshops where students could learn various traditional and contemporary craft techniques such as pottery, painting, origami, and textile crafts. Expert artisans and faculty members facilitated these workshops, providing valuable guidance and insights to the participants.

2. Exhibition: A vibrant exhibition was set up showcasing the artwork created by students during the workshops. The exhibition served as a platform for students to display their creativity and talent to the wider college community. Visitors had the opportunity to appreciate and purchase the unique handmade crafts on display.

3. Competitions: Several craft competitions were organized as part of the event, including Best Craftwork, Creative Pottery, and Innovative Textile Design. Participants showcased their skills and competed for prizes, fostering healthy competition and encouraging innovation.




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PRINCIPAL
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4. Cultural Performances: To add to the festive atmosphere, cultural performances such as traditional dance, music, and drama were presented by talented students. These performances showcased the rich cultural diversity and heritage of the region, captivating the audience and adding to the overall experience of the event.

5. Interactive Sessions: Interactive sessions were conducted by guest speakers and industry experts, offering valuable insights into the significance of crafts in contemporary society, sustainable practices, and career opportunities in the field of arts and crafts.



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PRINCIPAL
KOTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503



Mr Kunhu Sahib inaugurating the programme



Students participating in the programme actively




Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FAROOK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503



Participants busy with her work




Prof. M. ABDUL AZEEZ
PRINCIPAL
KOTTAKKAL FARDOCK ARTS & SCIENCE COLLEGE
PARAPPUR(P.O) - 676 503

Alumni
(137)
27/02/2022
ED + KFASC AMETIES
Craft Day

KOTTAKKAL FAROOK ARTS AND SCIENCE COLLEGE
ENTREPRENEURSHIP DEVELOPMENT CLUB
PROGRAMME PARTICIPANT LIST
2021-2022

SL No.	NAME	CLASS	SIGNATURE
1.	ASNA SHARY	BBA	<i>Asna</i>
2.	HARSHA K	BSc Mathematics	<i>Harsha</i>
3.	SHYMA MAJEED	BBA	<i>Shy</i>
4.	FATHIMA ANSHA	B Com Finance	<i>Ansha</i>
5.	LAZIMA JABIN	BBA	<i>Lazima</i>
6.	SANIBA K V	B Com Finance	<i>Saniba</i>
7.	NASEEBA P	BA Political Science	<i>Naseeba</i>
8.	RUSNA P	B Com Finance	<i>Rusna</i>
9.	SAFREENA SHIRIN K	B Com Finance	<i>Safreena</i>
10.	IRFANA E	BBA	<i>Irfana</i>
11.	KHALLEL RAHMAN	B Com CA	<i>Khalel</i>
12.	NIHALA AFRIN T	BBA	<i>Nihala</i>
13.	SIFANATH	BBA	<i>Sifanath</i>
14.	SHAHANA SHERIN	BBA	<i>Shahana</i>
15.	SHAMNA C	BBA	<i>Shamna</i>
16.	MOHAMED JASIR K	B Com Finance	<i>Jasir</i>
17.	NASIYA FAIROOZA	B Com CA	<i>Nasiya</i>
18.	MOHAMMED RAYEES K	B Com Finance	<i>Rayees</i>
19.	SHAMEEM MADUVIL	B Com CA	<i>Shameem</i>
20.	FATHIMA SANA	B Com Finance	<i>Fathima</i>
21.	FATHIMA LIYA TT	B Com CA	<i>Fathima</i>
22.	MOHAMED FARIS PM	B Com CA	<i>Faris</i>
23.	FATHIMA HIBA MK	B Com CA	<i>Hiba</i>
24.	NAJVA KK	B Com CA	<i>Najva</i>
25.	RUMAISA K	B Com CA	<i>Rumaissa</i>
26.	HENNA RUSLA	B Com CA	<i>Henna</i>



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27.	SHADIL A	BBA	<i>Shadil A</i>
28.	FATHIMA SEHLA A V	B Com CA	<i>Fathima</i>
29.	MUHAMMED AL AMEEN AP	B Com Finance	<i>Muhammed</i>
30.	NAJIYA	BBA	<i>Najiya</i>
31.	FARHANA	BBA	<i>Farhana</i>
32.	NASEEHA	BBA	<i>Naseeha</i>
33.	NIDHA	BBA	<i>Nidha</i>
34.	RINU HARSHA	BBA	<i>Rinu Harsha</i>
35.	RISHAD	BBA	<i>Rishad</i>
36.	SHAHNA SHERIN M	BBA	<i>Shahna</i>
37.	SHANA THASNEEM	BBA	<i>Shana</i>
38.	AYISHA SHIMNI	BBA	<i>Ayisha</i>
39.	FIDA	BBA	<i>Fida</i>
40.	ADWAIDH	BBA	<i>Adwaidh</i>
41.	ARJUN	BBA	<i>Arjun</i>
42.	THASREENA	BBA	<i>Thasreena</i>
43.	SAFWAN	BBA	<i>Safwan</i>
44.	RASHIDA KP	BBA	<i>Rashida</i>
45.	THOMAS ROSHAN	BBA	<i>Thomas</i>
46.	EFA	B Com Finance	<i>Efa</i>
47.	NISHANA	B Com Finance	<i>Nishana</i>
48.	MOHAMMED NIHAL	B Com Finance	<i>Nihal</i>
49.	SHAHLA SHERINE	BA English	<i>Shahla</i>
50.	SAJNA. T	BA English	<i>Sajna</i>
51.	NIYA MUNEER NK	BA English	<i>Niya</i>
52.	ABNA. P.T	BA English	<i>Abna</i>
53.	JINSHITHA. A. P	BA English	<i>Jinshitha</i>
54.	ISHA V K	BA English	<i>Isha</i>
55.	HIMA. U. P	BA English	<i>Hima</i>
56.	FIDHA PK	BA English	<i>Fidha</i>
57.	BHAVYA NADH. P	BA English	<i>Bhavya</i>
58.	SREERAG.K.P	BA Economics	<i>Sreerag</i>



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59.	SHABEER AHAMMED. K	BA Economics	<i>Shabeer</i>
60.	NASHIF ALI. K	BA Economics	<i>Nashif Ali</i>
61.	MUHAMMED SHARAFATH K	BA Economics	<i>Sharafath</i>
62.	ASHIL BADUSHA. V	BA Economics	<i>Badusha</i>
63.	SIRSHA. P	BA Economics	<i>Sirsha</i>
64.	SHIFNA. V K	BA Economics	<i>Shifna</i>
65.	SHIBIYA. V	BA Economics	<i>Shibiya</i>
66.	SHAIMA .C.H	BA Economics	<i>Shaima</i>
67.	NINUFAR. P	BA Economics	<i>Ninufar</i>
68.	JUMSIDA. K. T	BA Economics	<i>K.T. Jumsida</i>
69.	DRISYA I.T	BA Economics	<i>Drishya</i>
70.	RAJA	BA Political Science	<i>Raja</i>
71.	RAMSHIDA T T	BA Political Science	<i>Ramshida</i>
72.	SANOONA SERY.P	BA Political Science	<i>Sanoona</i>
73.	SHAMNA SHERI C.	BA Political Science	<i>Shamna</i>
74.	SHIFANA .N	BA Political Science	<i>Shifana</i>
75.	SHAHADA T K	BA Political Science	<i>Shahada</i>
76.	SEHLA MOL	BA Political Science	<i>Sehla</i>
77.	SHAHANA SHERIN. M. P	BA Political Science	<i>Shahana</i>
78.	SHAMSEENA. M	BA Political Science	<i>Shamseena</i>
79.	MUHAMED ANAS N K	BA Political Science	<i>Anas</i>
80.	DEVAPRIYA. N	BA Political Science	<i>Devapriya</i>
81.	SUHANA YASMIN	BA Political Science	<i>Suhana</i>
82.	FAHMIDA JEBIN. K	BA Political Science	<i>Jebina</i>
83.	FATHIMA RIMEESHA P	BA Political Science	<i>Rimeesha</i>
84.	AFNA SHARIN C V	BA Political Science	<i>Afna</i>
85.	SAFLA NASRIN E	BA Political Science	<i>Safla</i>
86.	SAFA MARIYAM	BSc Mathematics	<i>Safa</i>
87.	AFRA MISRIYA	BSc Mathematics	<i>Afra</i>
88.	AKSHAY .N	BSc Mathematics	<i>Akshay</i>
89.	SREEJISHA P	BSc Mathematics	<i>Sreejisha</i>
90.	RAHEEDA. P.C	BSc Mathematics	<i>Raheeda</i>



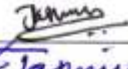
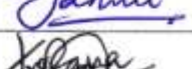
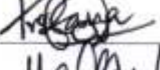

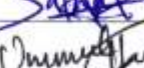


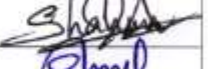

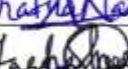
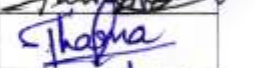





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91.	RANIYA SHERIN POTTANIKKAL	BSc Mathematics	Raniya
92.	JYOTHSNA. E	BSc Mathematics	Jyothsna
93.	JYOLSNA. K	BSc Mathematics	Jyolsna
94.	FATHIMA THASNI .KM	BSc Mathematics	Fathima
95.	FATHIMA JASHIRA .P	BSc Mathematics	Fathima
96.	AMNA BINAS. M	BSc Mathematics	Amna
97.	ALTHAF AHAMED. K	BSc Mathematics	Althaf
98.	ASHAL MOHAMMED.M	BSc Mathematics	Ashal
99.	SHAMNA SHERIN. A	BSc Physics	Shamna
100.	SHALIYA. P	BSc Physics	Shaliya
101.	RESHMI. P. P	BSc Physics	Reshmi
102.	RASMIYA	BSc Physics	Rasmiya
103.	NIDA NAURIN A	BSc Physics	Nida
104.	MEGHA N P	BSc Physics	Megha
105.	ASNA SHERIN.P. C	BSc Physics	Asna
106.	AFLAHA A T	BSc Physics	Aflaha
107.	HASEEM M P	BSc Physics	Haseem
108.	SAFEELA BANU K P	BSc Physics	Safeela
109.	SANJOG M V	BBA	Sanjog
110.	SEETHAL	BBA	Seethal
111.	SARFIDA SHERIN	BSc Physics	Sarfida
112.	SHAIKHA FATHIMA	BBA	Shaikha
113.	SANA NAJEEB	BSc Physics	Sana
114.	FIBA JASMIN.P	BA Economics	Fiba
115.	JUHAINA SHARIN	BA Economics	Juhaina
116.	IRSHANA M N	BA Economics	Irshana
117.	FATHIMA RISA. A.P	BA Economics	Fathima
118.	HIBA. K.P	BA Economics	Hiba
119.	HIBA AREEKKAN	BA Economics	Hiba
120.	HANNA FATHIMA	BA Economics	Hanna
121.	FIDA ISMAIL K P	BA Economics	Fida



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122.	HASNA C	BA Political Science	
123.	JUSAINA JASMI P	BA Political Science	
124.	JAZIM RABEEH	BA Political Science	
125.	JASMI TP	BA Political Science	
126.	IRFANA.C. V	BA Political Science	
127.	HRIDYA PRASAD U T	BA Political Science	
128.	SAFNA A	BSc Botany	
129.	UMMUL HAIFA	BSc Botany	
130.	SNEHA VK	BSc Botany	
131.	SHAHNA SHERIN K	BSc Botany	
132.	SHAHMA SHERIN.K.P	BSc Botany	
133.	SHAHIDA. V .K	BSc Botany	
134.	SHAFNA NAZAR. V.V	BSc Botany	
135.	FARHA SHUROOQUE. P P	BSc Botany	
136.	THASNA	B.Com Finance	
137.	WASEEM AHNAF. K	B.Com Finance	

CO-ORDINATOR






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